

# The Cost of Long-term Care and how to pay for it

Someone turning age 65 today has an almost 70% chance of needing some type of long-term care services and support in their remaining years. For many, the cost will place a burden on their finances, with already high costs expected to rise on average over 30% in the next decade:

## In-Home Care

| Monthly Costs: | Home Maker Services | Home Health Aide |
|----------------|---------------------|------------------|
| 2023           | \$5,720             | \$6,292          |
| 2033           | \$7,657             | \$8,456          |

## Community and Assisted Living

| Monthly Costs: | Adult Day Health Care | Assisted Living Facility |
|----------------|-----------------------|--------------------------|
| 2023           | \$2,058               | \$5,350                  |
| 2033           | \$2,766               | \$7,190                  |

## Nursing Home Facility

| Monthly Costs: | Semi-Private Room | Private Room |
|----------------|-------------------|--------------|
| 2023           | \$8,669           | \$9,733      |
| 2033           | \$11,650          | \$13,080     |

SOURCE: Genworth Cost of Care Survey, December 2023



## Your SRES® Real Estate Professional can help

The funds for long-term care can come from financial instruments such as immediate annuities, from government programs such as Medicaid and Veterans benefits, from long-term care insurance, from personal savings and investments and even from a reverse mortgage if the senior is choosing to age in place.

For many seniors, because their home is one of their most valuable assets, the proceeds of the sale of a home can be a primary source of funds for long-term care. This may be especially appropriate if they are considering moving to a long-term care facility or other location that better suits their changing needs. You'll be comforted in knowing that your SRES® Real Estate Professional has the focus and experience in helping seniors with these types of real estate needs.